

share<sup>the</sup>  
dignity

periodpride



We are helping remove the

# shame & stigma



around periods!



We are taking part in the Creating Period Pride competition. You can get involved by making a video, artwork, song, written piece or a major art installation. Get creative and show your **#periodpride**



visit [sharethedignity.org.au](http://sharethedignity.org.au) or

scan to learn more