

## period talk

A menstruation education program for schools



**LESSON** 

Making healthy choices about sanitary products

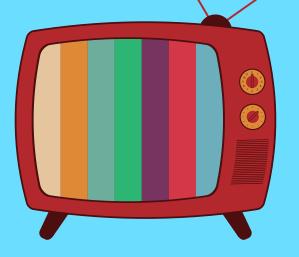
### Together, we will:

1. UNDERSTAND THE DIFFERENT TYPES OF SANITARY PRODUCTS

2. UNDERSTAND TSS

2. UNDERSTAND THE ENVIRONMENTAL IMPACT OF SANITARY PRODUCTS

### Watch and Learn

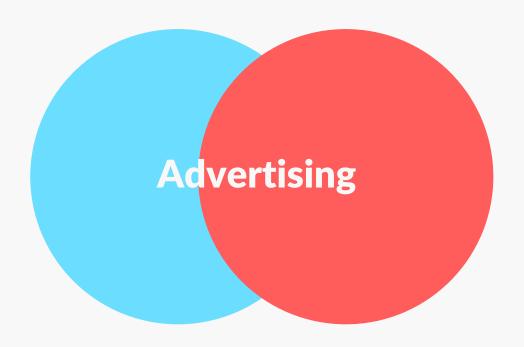


### Video

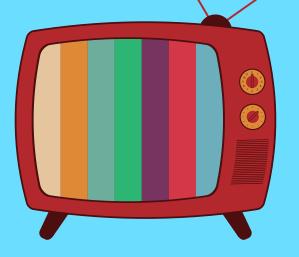


# TOUCH, FEEL AND DISCUSS!

#### **ACTIVITY**



### Watch and Learn



### Video



Sanitary Products and Your Environment



Can you think of ways of disposing of used sanitary products?



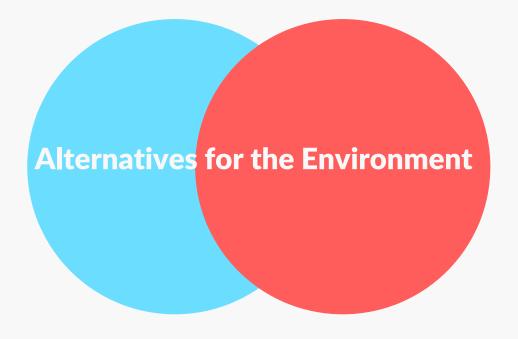
What are the ingredients in tampons?

#### **What Does**

T S

stand for?

#### **ACTIVITY**



### Checklist

- What are the different types of sanitary products?
- What is TSS?
- How do sanitary products impact the environment?



### thank you.

There's nothing wrong with talking about periods!

