

A bloody big survey

Share the Dignity is on a mission to end the shame and stigma that surrounds periods because if we can't comfortably talk about periods, we can't address period poverty. We need to accurately understand the shame people who menstruate experience and how it can impact their lives. Help us by taking part in our Bloody Big Survey and for every response (up to 10,000) U By Kotex will donate a packet of pads to Share the Dignity.

Help us by scanning the QR code and completing the quick survey.

#PERIODPRIDE SHARE THE Dignity