

Working to achieve

Menstrual

Equity

in Australia by 2031

share^{the}
dignity



Access to products where they are needed

- Schools
- Workplaces
- Hospitals
- Community Spaces



Awareness

- Education
- Open Conversations
- Reduce Stigma
- Understanding
- Inclusion

SHARED
RESPONSIBILITY

WORKING TO ACHIEVE
MENSTRUAL EQUITY BY

2031



SYSTEMS
CHANGE

COMMUNITY
VOICE



Advocacy

- Policy Change
- Research & Evidence
- Systems Influence
- Public Voice
- Equity

PARTICIPATION
IN ACTION

Action

- Volunteers
- Partners
- Donors
- Campaigns
- Practical Solutions



Together, these four forces help create a future where no **one misses life** because of their period.